## Military Information & Referral

Available 24/7 No Other Eligibility Criteria Active duty or retired military and dependents; civilians who have questions about the military. Family No **Intake Process** Telephone referral; walk-ins accepted. Self Refer Yes Fleet and Family Support Center, Oceana https://www.cnic.navy.mil/navylifema Main (757) 433-2912 1896 Laser Road 23460 VA United States Fee Structure No Fee Languages Spoken English

Mid-Atlantic Fleet and Family Support Centers (FFSC) recognize that being in the military presents unique challenges and opportunities for service members and their families.

FFSC's programs and services are designed to help you make the most of your military experience...and they're all available to you at no cost.

FFSC provides information, referral, and resources on any needs - military or civilian; answer questions concerning, but not limited to: adoption, child care, education, EFMP/special needs, financial assistance, health care, housing, legal services, military benefits, non-support, ombudsmen, parenting programs, recreation, support groups, etc.

Interpreters are available

Service Area(s) Virginia Beach City