

## **Essential Tremor Support Groups in Virginia**

Age Requirements

No Age Requirement

Intake Process

Email, visit the website or call

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

American Parkinson Disease Association, Virginia

<https://www.apdaparkinson.org/community/virginia/>

<https://www.apdaparkinson.org/resources-support/>

<https://www.facebook.com/apdava>

Main

(757) 495-3062

Toll-Free

(888) 387-3667

APDA Virginia Chapter

PO Box 4162

23454 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Essential Tremor Support Groups are available to those individuals suffering from hereditary tremor or essential tremor, a progressive neurological condition that causes a rhythmic trembling of the hands, head, voice, legs, or trunk. It is often confused with Parkinson's disease. Other groups may be offered. Call to confirm the time and place before you attend.

Visit [Essential Tremor Support Groups](#) to find a local group.

Service Area(s)

Statewide

Email

[apdavis@apdaparkinson.org](mailto:apdavis@apdaparkinson.org)