## Adaptive Physical Activity, Veterans

Age Requirements 18 and over Family No Intake Contact Email sports4vets@va.gov Intake Process Call or visit the website. Provider Refer Yes Self Refer Yes National Disabled Veterans Winter Sports Clinic http://wintersportsclinic.org https://www.blogs.va.gov/nvspse/ https://www.facebook.com/Sports4Vets Main (202) 664 - 3733

Adaptive Sports & Therapeutic Arts 810 Vermont Ave NW (10P4RN) 20420 DC United States

Fee Structure No Fee

The National Dsabled Veterans Winter Sports Clinic utilizes adapted physical activities as well as workshops and educational sessions to aid in the rehabilitation of severely disabled veterans. Activities such as Alpine and Nordic skiing, Snowmobiling, scuba diving, fly fishing, wheelchair golf, wheelchair self defense, rock wall climbing, sled hockey, trap shooting, blues harmonica instruction, dog sledding, goal ball for the visually impaired, wheelchair fencing and amputee volleyball, are a small portion of adapted sports and activities that have been offered in the past 30 years.

The clinic targets disabled veterans with spinal cord injuries, amputations, neurological disorders, and visual impairments. The Winter Sports Clinic experience improves physical well being, mental health and self-esteem, thereby enabling veterans with profound disabilities to re-discover life after disability.

Service Area(s) Nationwide Email <u>sports4vets@va.gov</u>